

Peer Employment Support

“Promoting Successful Employment of People with Psychiatric Disabilities for the Long Run”

Session 2 – November 12, 2008

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Peer Employment Support Session II

- Introduction to the Curriculum
 - What's in the manual
 - Group format
- Facilitator Training
 - The Facilitator
 - Group Skills

The purpose of the PES group is to offer a safe, convenient place for individuals:

- ♦ to meet and share thoughts and feelings about employment
- ♦ to increase knowledge about self,
- ♦ to increase knowledge of the world of work
- ♦ to make a decision about working, or not working, based on accurate information
- ♦ to receive support from other group members
- ♦ to develop skills that lead to gaining and keeping employment

Education is seen as a valuable outcome leading to employment

Review

- Blending of Successful Services
- Peer Support
- Accessible, Based on Choice
- Group Format, Open
- Educational
- Standardized

Table of Contents - Manual

- Introduction
- Motto
- Purpose, Goals, Roles and Benefits
- Meeting Agreements
- Check Lists and Evaluations
- Starting a Group
- Additional Resources & References
- Weekly Topics

Weekly Modules

Each Session

- Consistent step by step format
- Scripted for new facilitators
- Offers discussion questions

Session format (1 hour group):

Introductions	1 minute
Motto	1 minute
New member orientation	2 minutes
Review of last week's topic	5 minutes
Overview of topic	1 minute
Discussion	10 minutes
Activity	10 minutes
Activity review & feedback	2 minutes
Summary	2 minutes
Open Discussion	25 minutes
Closing	1 minute

Facilitator Training

10 – 20 hours of classroom training, covering:

Group facilitation skills

PES group format and preparation

Marketing groups and generating interest

PES group role plays

In-vivo group training with an experienced *PES Facilitator*

Ongoing phone and e-mail consultation

PES Group Facilitation

Who Makes a Good Facilitator?

- Does not need to be an expert on employment
- Most important is knowing “about how to assist a group of people in supporting and caring for one another”.

» “Effective Support Groups”, J.E. Miller (1998)

PES Group Facilitation

Who Makes a Good Facilitator?

- Care for others
- Nonjudgmental
- A listener
- Observant/Present
- Authentic
- Optimistic
- At ease with conflict
- Self-aware/ Self-care
- Continually learning/Willing to learn

» “Effective Support Groups”, J.E. Miller (1998)

Group Facilitation Skills

- A Facilitator
- Group stages
- Active listening
- Redirecting
- Role modeling
- Promoting group interaction
- Empowering, building up others

Questions ??

Session III

“Using the Curriculum”

- December 3, 2008
- 2 -3:30 p.m.

Purchasing Peer Employment Support Manuals

Manual Cost as of November 1, 2008, \$70.00 per manual
plus shipping

To Order Manuals Contact: Lisa Cote
IEI, Suite 2105
SHRP-UMDNJ
40 East Laurel Road
Stratford, NJ 08084
856-566-6456
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Make Checks Payable to: **UMDNJ-SHRP**

Mail Payment to: *Dr. Kenneth Gill*
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